



All proceeds benefit Mended Little Hearts of Amarillo to provide education and support to individuals and families living with, surviving with, caring for, or remembering those with Congenital Heart Defects (CHD) in the Texas, Oklahoma & New Mexico Panhandle Region.

# Heart GLO

*"Glowing 1 Heartbeat at a Time"*

## Friday, May 8, 2015

### John Stiff Memorial Park, Picnic Area #10 5K Fun Run and 1.5 Mile Family Walk

**Divisions:**

**13 & under \$10    14-18 \$15    19 & Above \$25**

**\*prizes for top three 5k runners in each division**

*Packet Pick-Up/Pre-Registration - Wednesday, May 6<sup>th</sup>, 6:00-8:00 at Beef O'Bradys*

**Registration/Check-In on Race Day at Picnic Area #10 – 6:30 p.m. – 7:45 p.m.**

**Activities Start at 8:00**

Name: \_\_\_\_\_ Age: \_\_\_\_\_ T-Shirt \_\_\_\_\_

Choose One: 5K \_\_\_\_\_ 1.5 mile walk \_\_\_\_\_

Choose One Division: 13 & under \$10 \_\_\_\_\_ 14-18 \$15 \_\_\_\_\_ 19 & Above \$25 \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ Male / Female Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Team Name: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

I hereby certify that I am adequately fit to participate in this event. In consideration or the acceptance of this entry, I, the undersigned, for myself, my personal representative, beneficiaries, and heirs, knowingly waive, release and discharge any and all rights and claims which I have or may have hereafter accrue to me or my estate against High Plains Mended Little Hearts, Mended Little Hearts Inc., or Mended Hearts Inc., it's officers, directors, agents, representatives, and the volunteers, sponsors, promoters, and all other persons associated for any and all injuries or death suffered by me in this event. I HEREBY ASSUME FULL RESPONSIBILITY FOR ANY INJURY OR ACCIDENT WHICH MAY OCCUR DURING MY (OR MY FAMILY MEMBER'S) ATTENDANCE AT OR PARTICIPATION IN THIS EVENT.

Participant's Signature (parent if participant is under 18)

Date

**Please make checks payable to:** Mended Little Hearts of Amarillo  
112 Stockton  
Amarillo, TX 79118

Contact: Jamie at 806-674-5430  
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www.amarillo.mendedlittlehearts.net

