



All proceeds benefit Mended Little Hearts of Amarillo to provide education and support to individuals and families living with, surviving with, caring for, or remembering those with Congenital Heart Defects (CHD) in the Texas Panhandle Region.

Heart GLO

"Glowing 1 Heartbeat at a Time"

Presented by Roof Smith

Friday, May 6, 2016

**John Stiff Memorial Park, Picnic Area #10
5K Fun Run and 1.5 Mile Family Walk**

Divisions for the 5k:

13 & under \$15 14-18 \$25 19 & Above \$25

***prizes for top three 5k runners in each division**

Packet Pick-Up/Pre-Registration - Wednesday, May 4th, 6:00-8:00 at Beef O'Bradys

Registration/Check-In on Race Day at Picnic Area #10 – 6:30 p.m. – 7:45 p.m.

Activities Start at 8:00

Name: _____ Age: _____ T-Shirt _____

Choose One: 5K _____ 1.5 mile walk _____

Choose One Division: 13 & under \$15 _____ 14-18 \$25 _____ 19 & Above \$25 _____

****I am unable to attend the event but would like to sponsor a Bravery Bag with my \$25 donation _____**

Date of Birth: ____/____/____ Male / Female Address: _____

City: _____ State: _____ Zip: _____ Phone: _____

Email: _____ Team Name: _____

Emergency Contact: _____ Phone: _____

I hereby certify that I am adequately fit to participate in this event. In consideration or the acceptance of this entry, I, the undersigned, for myself, my personal representative, beneficiaries, and heirs, knowingly waive, release and discharge any and all rights and claims which I have or may have hereafter accrue to me or my estate against High Plains Mended Little Hearts, Mended Little Hearts Inc., or Mended Hearts Inc., it's officers, directors, agents, representatives, and the volunteers, sponsors, promoters, and all other persons associated for any and all injuries or death suffered by me in this event. I HEREBY ASSUME FULL RESPONSIBILITY FOR ANY INJURY OR ACCIDENT WHICH MAY OCCUR DURING MY (OR MY FAMILY MEMBER'S) ATTENDANCE AT OR PARTICIPATION IN THIS EVENT.

Participant's Signature (parent if participant is under 18)

Date

Please make checks payable to: Mended Little Hearts of Amarillo
112 Stockton
Amarillo, TX 79118

Contact: Libby Bunn at 806-676-0141
amarillotx@mendedlittlehearts.org
www.amarillo.mendedlittlehearts.net

